School Mental Health Coaching, Training, & Certification





Online Training Courses

A series of online courses and assessments developed by clinical and educational experts designed to arm your staff with the most up-to-date tools and information to effectively support students. Some topics include: Suicide Risk Assessments, Crisis Interventions for Self-Harm, Trauma Informed Care, School Refusal and more.



Coaching Sessions

Online mental health coaching consultations are led by licensed clinical therapist and master educators who have extensive experience working in a school setting. Your staff will have a forum to get timely advice, support, and the tools and strategies they need to handle their most challenging cases.



CERTIFICATION

Upon successful program completion participants become Certified School Mental-Wellness Specialists[™]. By certifying your staff you are making a long-term commitment to mental health.

What Is Included

- Asynchronous training that aligns with your school's calendar
- Coaching with Thrive coaches who have clinical and educational experience
- Access to mental health resources

Funding

This program meets criteria for mental health grants available nationwide, including Title II and Title IV.

Results

Individual experiences contribute to an overall positive shift in climate and culture:

- Staff feel more prepared to address student behavior
- Staff regain a lost sense of passion for the profession
- Staff are more equipped to handle diverse and complex mental health challenges

Why It Works

Unlike one-time professional development, participants receive in-depth training that includes reinforcement and consistent support from an objective person who is not evaluative.