



Why was Thrive initially created?

It was designed to fill the gap in service between the existing in-school support and an out-of-district placement. We generally serve Child Study Team (CST) classified students who are presenting with emotional difficulties that are affecting their academic and social functioning. Our services can also serve general education students at some schools as well.

How often will Thrive Clinicians be meeting with the students?

Generally, students are expected to meet for individual counseling, group counseling as needed and family counseling as needed. Based on our ongoing assessment of the students in the program, we will continually make individualized determinations about which services will be most beneficial to a student's success at their school.

How will student placement in group counseling be determined?

It will be determined by the Thrive Clinician and school personnel on a case-by-case basis as it relates to the criteria, content and goals of the group. Additionally, a meeting will be conducted by the Thrive Clinician with the student and/or parents/guardian prior to the start of the group to discuss and consent for participation in the the designated group.

Where is the Thrive program located in your school?

We have a dedicated office on school premises that is fully furnished to provide a welcoming, confidential, and safe therapeutic space.

How will it be decided when the Thrive Clinician will be meeting with students?

We will coordinate a schedule with the student, parents/guardian and CST/School Counselor to arrange the best time for the student to attend counseling sessions.

How is it determined who will be participating in the Thrive program?

Students identified for Thrive have been determined to be appropriate based on their intensive needs and criteria established by the Special Services department for special education students or by the Intervention Planning Committee for general education students. Once a student is identified for Thrive services, a member of the CST or School Counselor will contact the parent/ guardian of the identified student. The student and/or family will then participate in an intake assessment at the school conducted by the Thrive Clinician to fully determine if the student is appropriate to be formally accepted into the program.

What type of student would be appropriate for referral to Thrive?

We work with a variety of special education students, and in some cases general education students who present with emotional difficulties that are affecting their academic and social functioning. Common issues of students involved with Thrive often include, but are not limited to: Anxiety, Depression, School Refusal, Bipolar, ADHD, Impulse Control, Social Anxiety, Autism Spectrum as well as other typical child and adolescent issues.

How is Thrive counseling different than traditional school-based counseling?

In addition to the level of training and expertise of Thrive Clinicians, our counseling is differentiated from traditional school-based counseling by: longer-term overall course of counseling, greater frequency, consistency, and length of sessions, working in all three modalities (individual, group and family) as needed, and providing in-depth counseling that facilitates lasting emotional and behavioral change.



How long will the identified students be involved in the Thrive program?

The length of involvement of services will be determined on a case-by-case basis. Once a student has shown long-term consistent emotional growth and academic improvement while in the program, a determination about the student's progress will be made and the student will then be considered for discharge/step down. Continuity of care and discharge planning will be determined in collaboration with school staff as well as the student and family. Based on the achievement of identified goals and objectives, it will be determined if the student could benefit from less intensive school-based or community-based services to ensure that the student is able to maintain the goals identified.

How many students will be involved in receiving Thrive services at our school?

There is not a predetermined capacity or a specific number of students that will be involved in the program. Our goal is to effectively serve the maximum number of students possible without compromising the comprehensive quality of counseling services being provided.

Is participation in Thrive voluntary?

Yes. Students and parents/guardians do have to consent to be a part of the program, however, it is also understood that some students are more willing participants than others. While Thrive does not require any particular student to be involved in the program, a student's standing at their school may be compromised if he/she chooses not to participate in the program.

Please note: The program is not designed to be used for punitive or disciplinary reasons.

How will the teachers know if students involved with Thrive will be taken from their class?

All teachers whose students' class attendance will be minimally affected by their involvement in the program will be notified prior to their students' initial participation in the program. If a teacher has concerns (e.g. poor grades, taking a test, incomplete homework) about a student missing their class to participate in the program, we can be very flexible with the counseling schedule and will gladly discuss these concerns as we understand the importance of a student's education.

How many days a week are Thrive Clinicians at your school?

Schedules are flexible and determined in collaboration with district administration. Schedules will be shared with participants.

How can I contact the Thrive Clinician?

We have a designated phone number and email address at the school and can be reached through either of these channels.

