SCHOOL MENTAL HEALTH COACHING, TRAINING, & CERTIFICATION



Online Training Modules

A series of 12 online modules and assessments, developed by clinical and educational experts, designed to arm your staff with the most up-to-date tools and information to effectively support students. Some topics include: Suicide Risk Assessments, Crisis Intervention, Self-Harm, Trauma Informed Care, and School Refusal.



Bi-monthly online mental health coaching sessions led by licensed clinical therapists who have extensive experience working in a school setting. Your staff will build a strong team while getting timely advice, support, and the tools and strategies they need to handle their most challenging cases.



Certification & Accreditation

Upon successful program completion, participants become Certified School Mental Wellness Specialists™. By certifying your school staff, you make a sustained and focused commitment to student mental health and your school becomes eligible to obtain TAG Mental Wellness Accreditation.

Results

Staff, students, and parents experience an overall shift in climate and culture because:

- Staff feel more prepared to address student behavior and handle diverse and complex mental health challenges.
- Staff regain a lost sense of passion for the profession which fosters staff retention and stability for your school community.
- Students feel safer, better supported, and become more available for learning.

Funding

Thrive's school mental health coaching, training, and certification meets criteria for mental health grants available nationwide.

Why It Works

Unlike a one-time professional development, participants receive sustained, job-embedded training that includes **reinforcement** and **consistent support** from an objective person who is not evaluating their performance. This increases both openness to learning and retention of learning.

What Is Included

- Asynchronous training that aligns with the school calendar.
- Bi-monthly coaching with a Thrive Coach who has clinical and educational experience.
- School-wide professional development.
- Parent and family workshops.
- Access to mental health resources.



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