



# SCHOOL MENTAL HEALTH TRAINING, COACHING & CERTIFICATION



## Online Training Modules

A series of 12 online modules and assessments developed by clinical and educational experts designed to arm your staff with the most up-to-date tools and information to effectively support students. Some topics include: Suicide Risk Assessments, Crisis Interventions For Self-Harm, Trauma Informed Care, School Refusal and more.



### Weekly Coaching

Weekly online mental health coaching consultations are led by licensed clinical therapists who have extensive experience working in a school setting. Your staff will have a weekly forum to get timely advice, support, and the tools and strategies they need to handle their most challenging cases.



# Certification & Accreditation

Upon successful program completion participants become Certified School Mental-Wellness Specialists.
Furthermore, your school becomes eligible for TAG accreditation and national recognition. By certifying your staff you are making a long-term commitment to mental health.

### WHAT IS INCLUDED:

- ✓ 10 month program
- ✓ Online training modules
- ✓ Weekly coaching (1 hour sessions) with a clinical expert
- ✓ Professional development
- ✓ Parent and family workshops
- ✓ Access to mental health resources

### WHO SHOULD PARTICIPATE

We have trained and certified teachers, counselors, social workers, psychologists and an array of administrators. Develop the skills and expertise of your most talented staff so they can provide mental wellness support within your school community.

#### RESULTS

A culture and climate of mental wellness in your school community that improves academics, reduces disciplinary actions, increases graduation rates, lessens legal challenges, increases job satisfaction, and prevents tragedies.

#### **FUNDING**

Thrive's training, coaching and certification program meets the ESSER funds requirements for mental health support.